Anna Chandler

Girls Cross Country

Anna is a freshman on our team who worked hard during conditioning all summer. Her hard work is already paying off! She completed her first 5k at our team time trial with an impressive time. She chose to attempt the longer distance race even when she wasn’t sure if she would do it. She has a positive attitude and supports her teammates at practices. I am excited to watch her continue to grow on our team this season.

Coach Dunn

Calista Dalyander and Grayson O’Gwynn

Bowling

Both are exemplary student athletes and are always willing to help out.

Coach Roach

Lex Phanphilathip

Marching Band

Lex is a fantastic member of the marching band! She works so hard to make sure everyone feels welcome and included. She is also the best hype woman- always posting about the things we're doing in the community.

Ms. Aucremann

Sally Rozelle

Swim and Dive

Sally Rozelle is one of two captains leading the 2025 SPHS Swim and Dive team, and she truly embodies what it means to be the complete package—a coach’s dream. Over the past four years, I’ve had the privilege of watching her grow into a remarkable young woman whose quiet leadership leaves a lasting impact. She leads by example, consistently demonstrating dedication, humility, and a tireless work ethic. During the off-season, Sally volunteered her time, communicated proactively, and took initiative to help ensure the success of the upcoming season. She is selfless, highly motivated, and always receptive to feedback—qualities that make her not only an outstanding athlete but also an exceptional teammate and role model. Sally’s character shines through in everything she does. Her influence extends beyond the pool, and I’m confident that any teacher or coach who has worked with her would agree. It is with great pride and zero hesitation that I nominate Sally Rozelle as the first recipient of this year’s athlete of the week recognition award. I have no doubt she would receive unanimous support from everyone who knows her.

Coach Hansen

Sean Bailey

Boys Cross Country

Sean has been working hard and ran a fast enough time trial to start the season on varsity

Coach Trunk

Onnie Jordan

Varsity Cheer

Onnie is an active member who is always willing to pitch in and always has a smile on her face!

Coach Anderson